

# Let's Talk – Community Training Agenda

Introduction	Estimated Length
<ul style="list-style-type: none"> <li>Participant Introductions</li> <li>Pre-training Survey</li> <li>Ice Breaker (Let's Talk - <i>Memory Game</i>)</li> <li>Training Objectives</li> <li>Adult Education</li> </ul>	45 minutes
<b>Why Is Safe Infant Sleep Important?</b>	
<ul style="list-style-type: none"> <li>What is SIDS?</li> <li>What Does the Data Tell Us?</li> <li>A New Strategy</li> </ul>	15 minutes
<b>What Do We know?</b>	
<ul style="list-style-type: none"> <li>Myth vs. Fact</li> <li>Recommendations</li> <li>Baby Behaviors</li> </ul>	45 minutes
<b>How Can We Help?</b>	
<ul style="list-style-type: none"> <li>Self-Reflection Survey</li> <li>Adding the Approach</li> <li>Breaking Down Barriers</li> <li>Toolkit Resources</li> </ul>	30 minutes
<b>Practicing Our Approach</b>	
<ul style="list-style-type: none"> <li>Using the Let's Talk Toolkit</li> <li>Modeling the Approach</li> </ul>	30 minutes
<b>Planning, Goals, and Support</b>	
<ul style="list-style-type: none"> <li>Engaging Your “Circle of Support”</li> <li>Tools for Planning and Measuring Your Work</li> <li>Follow-Up Activities</li> </ul>	20 minutes
<b>Closing</b>	
<ul style="list-style-type: none"> <li>Post-Training Survey</li> </ul>	10 minutes