
Texas Diabetes Council (TDC)

FINAL Meeting Minutes

Thursday, July 18, 2024

1:00 p.m.

Physical Location: Department of State Health Services (DSHS)

Robert D. Moreton Building

Room M100, First Floor

1100 West 49th Street

Austin, Texas 78756

Teams Virtual Meeting

Agenda Item 1: Welcome, logistical announcements, introduction of new members, and call to order

Mr. Chris Carmona, Chair, called the Texas Diabetes Council (TDC) meeting to order at 1:00 p.m.

Mr. Carmona introduced and welcomed Dr. Michael Kelly as a new member.

Ms. Jessica Arevalo, Advisory Committee Coordination Office, Health and Human Services Commission (HHSC) read the logistical announcements and stated the meeting was being conducted in accordance with the Texas Open Meetings Act. Ms. Arevalo conducted the member roll call and announced the presence or absence of quorum.

Table 1: The Texas Diabetes Council member attendance at the July 18, 2024 meeting.

Member name	Attended	Member name	Attended
Mr. Chris Carmona	Y	Ms. Maryanne Strobel	Y
Mr. Dirrell Jones	Y	Mr. John Trischitti, III	N
Dr. Gary Francis	Y	Dr. Michael Kelly	Y
Ms. Sharon Lemons	Y	Dr. Kelly Fegan – Bohm Non-Voting Member	Y
Ms. Aida (Letty) Moreno Brown	N	Dr. Mitchel Abramsky	Y
Dr. Ninfa Peña-Purcell	Y	Ms. Lisa Golden Non-Voting Member	Y
Mr. Jason Ryan	N	Ms. Amy Chamberlain Non-Voting Member	Y
Dr. Christine Wicke	Y	Ms. Laura Cervantes Non-Voting Member	Y

Agenda Item 2: Consideration of April 18, 2024, draft meeting minutes

Mr. Chris Carmona, Chair, referred members to the draft minutes emailed by the program liaison and called for any edits. Hearing none, Mr. Carmona called for a motion to approve the minutes of the April 18, 2024, meeting.

Motion: Dr. Ninfa Peña-Purcell moved to approve the minutes as presented from the April 18, 2024, meeting. Dr. Gary Francis seconded the motion. Following a roll call vote, the motion passed by a majority vote with 7 yeas (Carmona, Jones, Francis, Lemons, Peña-Purcell, Wicke, Kelly), 0 nays, and 4 absent (Moreno-Brown, Ryan, Strobel, Trischitti).

Agenda Item 3: Presentation: Breakthroughs in the early detection and delay of Type 1 Diabetes: The Evidence- Dr. Anastasia Albanese-O'Neill, Ph.D., APRN, CDCES, Associate Vice President, Community Screening and Trial Education, Breakthrough T1D

Highlights from the presentation:

- Diabetes technology has changed significantly over the years thanks to clinical trials and research.
- Type 1 diabetes (T1D) and type 2 diabetes (T2D) can both be diagnosed in the adult population.
- There is global rise in prevalence of T1D.
 - A blood test can be used to screen in advance.
- The benefits of screening and early detection of T1D include:
 - Reduce risk for diabetic ketoacidosis (DKA) at diagnosis.
 - Identify people who may benefit from early intervention clinical trials.
 - Give individuals and families time to prepare.
 - Provide options to intervene early with FDA-approved therapy to delay a clinical diagnosis of T1D and the need for insulin.
- Information for people who want to learn more about T1D clinical trials, is located at the following webpage: <https://www.breakthrough1d.org/clinical-trials/>
- New CMS diagnosis codes will be available on October 1, 2024.
- It's important for the general population to be screened for early detection.
 - ~95% of the time, first degree family members will screen negative for T1D autoantibodies.
 - ~99% of the time, people in the general population will screen negative for T1D autoantibodies.

Agenda Item 4: Guidelines for Training School Employees on Diabetes (UDCA) School Document

- Individuals who represented DSHS School Health, ADA, ADCES, TX Nurses Association, TX School Nurse Organization, TX Education Agency, and TDC (Dr. Kelly Fegan-Bohm and Maryanne Strobel) provided valuable input.
- The document is undergoing review and TDC members will vote on the document during a future meeting.

Agenda Item 5: Consideration of Texas Administrative Code, Title 25, Part 9, Chapter 651, §651.1651.5, 4 Year Rule Review - Ms. Rachel Wiseman

- During the previous two council meetings, council members voted to review the Texas Administrative Code rules and delegate the review process to DSHS staff.
- In addition, the Council voted to publish the Notice of Proposed Rule Review in the Texas Register.
- Notice of the review of this chapter was published in the May 10, 2024, issue of the Texas Register (49 TexReg 3379). HHSC received no comments concerning this chapter.
- DSHS has reviewed Chapter 651 in accordance with Texas Government Code §2001.039, which requires state agencies to assess, every four years, whether the initial reasons for adopting a rule continue to exist.
- As delegated by TDC, DSHS completed the 4yr Rule Review spreadsheet, which was sent to council members in advance and is also included in today's handouts, along with a copy of the current rules.
- The agency determined that the original reasons for adopting all rules in the chapter continue to exist and proposes to readopt Chapter 651. Any amendments to Chapter 651 identified by DSHS in the rule review and approved by TDC will be proposed in a future issue of the Texas Register.
- During today's council meeting, members will need to put forward a motion to adopt a Notice of Adopted Rule Review or NARR for short.
- A draft of the NARR is on the screen and in your handouts that Julie provided for this meeting.
- The NARR is the document we post in the Texas Register to let the public know that we've reviewed a rule and are readopting or repealing it. The NARR says that if amendments are being considered, they will be published in a future issue of the Texas Register.
- The language in the NARR is standard language that only varies based on the outcome of the rule review.
- Now the Council will need to take a vote on whether to adopt the NARR as written. In plain language, the NARR states that there has been no public comment on this chapter and that DSHS plans to readopt the rules with amendments that will be published later.

Motion: Dr. Michael Kelly moved to approve adopting the Notice of Adopted Rule Review (NARR), as written, and the completed 4-year Worksheet to move forward with DSHS facilitating the 4-year Rule Review process. Dr. Gary Francis and Ms. Sharon Lemons seconded the motion. Following a roll call vote, the motion passed by a majority vote with 8 yeas (Carmona, Jones, Francis, Lemons, Peña-Purcell, Strobel, Wicke, Kelly), 0 nays, and 3 absent (Moreno-Brown, Ryan, Trischitti).

Agenda Item 6: TDC 40 Year Celebration

- In 2023 the Texas Diabetes Council (TDC) commemorated its 40th-year milestone since its inception.
- TDC's many accomplishments illustrate its commitment to improving health outcomes for all Texans with diabetes.

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- There have been a lot of accomplishments over the years, and they include but are not limited to conceptualizing the Texas Diabetes Institute in 1993, launching a 5-year US-Mexico Border Diabetes Prevention and Control Project in collaboration with the CDC in 2001, supporting legislation specific to Texans with diabetes, writing the original training document for unlicensed diabetes care assistants with collaborators in 2005 and creating resources like posters, newsletters, and toolkits.
 - A banner was posted on the website and information on the TDC's 40th anniversary will be included in the August 2024 issue of *Diabetes News You Can Use*.

Agenda Item 7: Updates from Workgroups

a. Health Professionals Outcomes Workgroup (HPOW)-Dr. Ninfa Peña-Purcell on behalf of Dr. Christine Wicke

- Attendees reviewed the 2023 TDC State Plan and recommendations.
 - During the October HPOW meeting, individuals expressed an interest in seeing the priorities and accomplishments during the October meeting.
- The ad-hoc subcommittee is reviewing the TDC webpage and will provide recommendations and sources of evidenced-based resources to DSHS staff.

b. Advocacy and Outreach Workgroup (AOW)-Ardis Reed on behalf of Mr. Jason Ryan

- Attendees reviewed the 2023 TDC State Plan and recommendations.
- For the 2025 State Plan, AOW attendees agreed the 2025 State Plan should be divided by policy changes, activities the TDC can accomplish, and areas where others can act.

Agenda Item 8: Preparation for drafting the 2025 State Plan-Julie Ketelsen

- A timeline with tentative dates was shared.
- Per Health and Safety Code 103.013, TDC members are required to write and submit a state plan every two years.
- TDC members will decide on state plan priorities and writing groups in January 2025.
- Members suggested including cardiovascular health as it pertains to diabetes and workforce development as part of the training category.

Agenda Item 9: Updates from State Agency Representatives

a. Department of State Health Services- Ms. Rachel Wiseman, Chronic Disease Unit Director

DPCP Staffing Updates

- Alexandra Alvarenga was just promoted to the Diabetes Program Specialist V position. Her previous position has been posted and interviews will begin soon.
- The Diabetes and CVD branch manager position has been re-posted.

DPCP Program Updates

- The diabetes "Taking Charge of Your Health: Managing Diabetes One Day at a Time", "Could You Have Prediabetes?", and "Could You Have Diabetes?" resources in English have been electronically published on the DSHS DPCP website and printed copies will be available in July or August. The Spanish versions are anticipated to be ready this fall.

CDC-RFA-DP-23-0020 Grant

- All grant contracts have been executed and grant activities are under way.

GR Funded Partners

- Program staff continue to plan state funded DPP and DSMES implementation and expansion for FY25. Partners have been engaged in discussions on how to expand programs with a focus on sustainability.

TDC State Engagement Call

- The next State Engagement Call will be held on August 22nd at 1pm
- The San Antonio Metropolitan Health District will be presenting on Leveraging Internal and External Partnerships to Advance Your Work in Diabetes & Chronic Disease Prevention
 - Presentation will cover:
 - SAMHD partnerships with schools and community-based organizations
 - Leveraging partnerships to promote adult and childhood health for chronic disease prevention.

b. Health and Human Services- Dr. Mitchell Abramsky, Associate Medical Director

- When the meeting first started, this agenda item was tabled because Dr. Abramsky didn't think he would be able to attend the meeting.
 - Dr. Abramsky's ended up being able to join.
- Per meeting procedures, a motion was needed to rescind the tabling of this agenda item.

Motion: Dr. Gary Francis moved to rescind the tabling of agenda item 9b, HHSC update by Dr. Mitchell Abramsky. Ms. Strobel seconded the motion. Following a roll call vote, the motion passed by a majority vote with 8 yeas (Carmona, Jones, Francis, Lemons, Peña-Purcell, Strobel, Wicke, Kelly), 0 nays, and 3 absent (Moreno-Brown, Ryan, Trischitti).

- As far as the CGM Accelerator grant, HHSC is working on a MCO provider survey that will review CGM use and barriers to prescribing. The goal is to increase the prescribing of CGMs in the Medicaid population.

c. Teacher Retirement System of Texas- Ms. Laura Cervantes, Sr. Clinical Consultant Health Ops.

- Open enrollment for dental and vision will begin in October for all retirees and Medicare Advantage plan members, including family members.
 - Changes will go into effect January 2025.
- There will be a limited time enrollment opportunity for Medicare Advantage members who either dropped out of the plan or did not enroll when they were supposed to.
- Health fairs which target retirees and Medicare Advantage plan members will start in late August and go through mid-October.
 - Changes to the health plan will be shared at the health fairs.

d. Employees Retirement System of Texas- Ms. Amy Chamberlain, Government Relations & Special Projects

- This agenda item was tabled.

e. Texas Workforce Commission- Ms. Lisa Golden, Diabetes Program Specialist

- TWC will celebrate the passage of the Americans with Disabilities Act on July 26.

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- From an agency point of view, there were some issues with the telephone plan and a lot of phone numbers changed across the state.
 - At the beginning of July, The National Federation of the Blind held their convention, and they passed two resolutions that were about diabetes technologies, specifically CGMs and insulin pumps.

Agenda Item 10: Announcements

- A request was made for someone to provide an overview of the ADA Scientific Symposium that was held in June.
- There is a free training on how to interpret CGMs for clinical use.
 - The training is a training on the Danatech website that is free through 2026.
- The ADCES annual convention will be in New Orleans next month.
- There were questions pertaining to the 2025 State Plan and upcoming workgroup meetings.
 - Since the AOW focuses more on legislative priorities and the HPOW focuses more on content/resource development, but will the workgroups come together to work on the 2025 State Plan? How do we avoid going over quorum during workgroup meetings while working on the State Plan?
 - In 2023, the workgroups who focused on the individual state plan recommendations met outside of the regularly scheduled TDC workgroups to prevent quorum from happening.
 - AOW and HPOW members can join any State Plan writing workgroup they want. If for example, someone has an interest in mental health, they can join the workgroup that focuses on mental health regardless of which workgroup they generally attend.
 - Council members will need to have a discussion and decide what should and shouldn't be continued in the next iteration of the State Plan.
 - The discussion will take place over the course of two meetings: October and January.
 - One council member suggested that council members should start thinking about ideas for the ad-hoc state plan subgroup meetings.
 - For the 2023 State Plan, council members discussed the recommendations from the 2021-2022 State Plan. In the discussion, council members indicated the activities they had completed, activities that would be better suited for another entity, and the activities they wanted to continue working on.
 - Council members voted on the 5 priority areas they wanted to focus on for the 2023-2024 State Plan.
 - Per a council member, it would be helpful for the TDC webpage to have content that is more user friendly and for the public.
 - The ad-hoc subcommittee will have information to share in October.
 - If there are errors on the website, council members should contact DSHS staff.

Agenda Item 11: Review of action items and agenda items for next meeting

- There will be an update on the ADA Scientific Symposium.
- Discussion regarding the 2025 State Plan will occur.
- Dr. Kelly will present on Diabetes Now What media campaign.

Agenda Item 12: Upcoming meeting dates

- October 10, 2025
- January 30, 2025
- April 24, 2025

Agenda Item 13: Public comment

- Deb Keller, mom to person with T1D, provided public comment on the need for Dexcom to improve the adhesive on their G6 sensor.

Agenda Item 14: Adjourn

Mr. Chris Carmona, Chair, provided closing remarks, and adjourned the meeting 3:09 p.m.

Below is the link to the archived video recording of the Texas Diabetes Council meeting to view and listen for approximately, two years from date meeting is posted in accordance with the HHSC records retention schedule.

<https://texashhsc.v3.swagit.com/videos/310593>