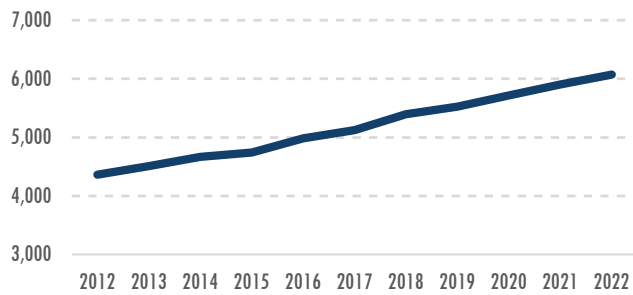


### Dietitians Growth Trends

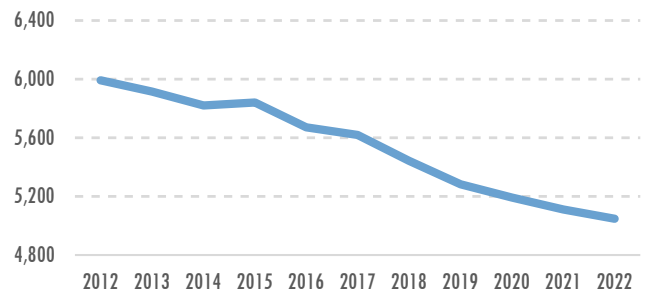
This fact sheet is an overview of the trends, distribution, and demographics of dietitians in Texas. In 2022, there were 6,075 actively licensed dietitians in Texas.

- This number represented a 18.5% increase since 2017 and a 39.2% increase since 2012 (Figure 1).
- The ratio of the Texas population per one dietitian in 2012 was 5,991:1 and in 2022 it was 5,048:1. The ratio has decreased by 15.7% over the past 10 years (Figure 2).<sup>1</sup>

**Figure 1. Total Dietitians in Texas**

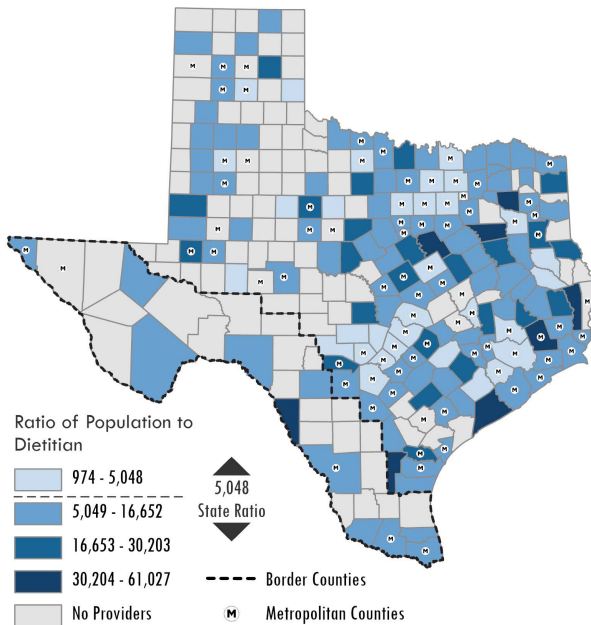


**Figure 2. Ratio of Texas Population to Dietitian<sup>1</sup>**



### Geographic Distribution of Dietitians

**Figure 3. Ratio of Texas Population to Dietitian by County<sup>1</sup>**



**Table 1. Ratio of Texas Population to Dietitian by Geographic Designation<sup>1</sup>**

Geographic Designation	Ratio of Population to Dietitian
Metropolitan	4,751:1
Non-metropolitan	11,142:1
Border	7,393:1
Non-border	4,887:1
Texas	5,048:1

Dietitians were not evenly distributed throughout the state.

- The ratio of the population to dietitian was higher in non-metropolitan counties than metropolitan counties.
- The ratio of the population to dietitian was higher in border counties than non-border counties.
- 98 counties had no dietitians (Figure 3).

<sup>1</sup>Population numbers are sourced from the Texas Demographic Center (previously the Texas State Data Center). The center regularly updates the demographic projections. Therefore, population numbers for a particular year may differ depending on the date the data was retrieved.

## Demographics of Dietitians

### Age

Within 10 years, 18.9% of the current Texas dietitian workforce will be over 65 years of age.

- 7.0% of active dietitians in Texas were over 65 years of age in 2022.
- 19.3% of dietitians were ages 31-35 (Figure 4).

Figure 4. Age Distribution of Dietitians

